

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Van der Elst Astrid

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN

Heat:5, starttime: 09:15

Heat: 5/7 Lane : 2 Athlete: DHAESELEER BRIEK

Q-time: 00:58:80

PB (25m pool): 58.80 Gent 9 Nov 2024

PB (50m pool): 1:01.05 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.05		58.80	
	28.5		30.75		
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN

Heat:3, starttime: 09:20

Heat: 3/5 Lane : 8 Athlete: DEBECKER CHARLOTTE

Q-time: 00:34:64

PB (25m pool): 33.00 Sint-Amandsberg 19 Oct 2025

PB (50m pool): 34.29 SB:

	2 5 M	5 0 M	
PB		33.00	
	33.00		
			

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN

Heat:2, starttime: 09:50

Heat: 2/6 Lane : 7 Athlete: DHAESELEER BRIEK

Q-time: 00:26:54

PB (25m pool): 26.54 Gent 11 Nov 2024

PB (50m pool): 27.54 SB:

	2 5 M	5 0 M	
PB		26.54	
	26.54		
			

Coach feedback:

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Event number: 36: 200M MEDLEY WOMEN							Heat:2, starttime: 10:00	
Heat: 2/3 Lane : 2 Athlete: DEBECKER CHARLOTTE							Q-time: 02:25:58	
PB (25m pool): 2:19.31 Sint-Amandsberg 19 Oct 2025				PB (50m pool): 2:24.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.58		1:06.73		1:47.30		2:19.31
	31.58		35.15		40.57		32.1	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:2, starttime: 10:10	
Heat: 2/5 Lane : 3 Athlete: JONCKHEERE EMILE							Q-time: 02:27:73	
PB (25m pool): 2:27.73 Sint-Amandsberg 27 Oct 2024				PB (50m pool): 2:35.81 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.64		1:11.40		1:49.51		2:27.73
	33.64		37.76		38.11		38.22	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:6, starttime: 10:30	
Heat: 6/8 Lane : 7 Athlete: DHAESELEER FRAN							Q-time: 00:57:84	
PB (25m pool): 57.84 Zwevegem 5 May 2024				PB (50m pool): 58.20 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.79		57.84				
	27.79		30.05					
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:6, starttime: 10:40	
Heat: 6/9 Lane : 7 Athlete: JONCKHEERE EMILE							Q-time: 01:00:81	
PB (25m pool): 1:00.81 Gent 11 Nov 2024				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.30		1:00.81				
	28.30		32.51					
								

Coach feedback:

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Event number: 40: 800M FREESTYLE WOMEN							Heat:1, starttime: 10:50	
Heat: 1/1 Lane : 3 Athlete: DEBECKER CHARLOTTE							Q-time: 09:13:68	
PB (25m pool): 9:13.68 Zwevegem 3 Nov 2024				PB (50m pool): 9:22.09 SB:				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB		1:05.70		2:15.76				4:35.09
		1:05.70		1:10.06				2:19.33
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								9:13.68
								4:38.59
								

Coach feedback: